



Mantras for the Aquarian Age

Ek Ong Kaar	(One creator created this creation)
Sat Naam, Siri	(Truth is his name)
Wah-hay Guroo	(Great beyond description)
Wah Yantee	(Great Macroself)
Kaar Yantee	(Creative Self)
Jag Doot Patee	(All that is creative thru time)
Aadak It Waahaa	(All that is the great one)
Brahmaadeh Traysha Guroo	(Three aspects of God: Brahma, Vishnu, Mahesh)
It Wah-hay Guroo	(That is Wahe Guru)
Ek Ong Kaar	(One Creator, Creation)
Sat Naam	(Truth Identified)
Kartaa Purkh	(Doer of Everything)
Nirbho	(Fearless)
Nirvair	(Revengeless)
Akaal Moorat	(Undying)
Ajoonee	(Unborn)
Saibung	(Self illuminated, self existent)
Gur Prasaad	(God's grace (gift))
Jap!	(Repeat (Chant))
Aad Such	(True in the beginning)
Jugaad Such	(True thru all time)
Hai Bhee Such	(True even now)
Nanak Hosee Bhee Such	(Nanak says Truth shall ever be)

Sat Siri	
Siri Akaal	(Respected Undying)
Siri Akaal	(Respected Undying)
Mahaa Akaal	(Great Deathless)
Mahaa Akaal	(Great Deathless)
Sat Naam	(Truth Identified (Named))
Akaal Moorat	(Deathless image of God)
Wah-hay Guroo	(Great beyond description is His wisdom)

**Rakhay raxhanahaar aap ubaaria-an
 Gur kee pairee paa-i kaaj savaari-an
 Hoaa aap da-iaal manaho na visaari-an
 Saadh janaa kai sang bhavajal taari-an
 Saakat nindak dusht khin maa-eh bidaari-an
 Tis sahib kee tayk Naanak maneh maa-eh
 Jis simrat sukh ho-i sagalay dookh jaa-eh**

(Thou who savest, save us all and take us across,
 Uplifting and giving the excellence.
 You gave us the touch of the lotus feet of the
 Guru, and all our jobs are done.
 You have become merciful, kind, and compassionate; and
 so our mind does not forget Thee.

In the company of the holy beings you take us from
 misfortune and calamities, scandals and disrepute.
 Godless, slanderous enemies – you finish them in timelessness.
 That great Lord is my anchor.
 Nanak, keep firm in your mind, by meditating and repeating His Name
 All happiness comes and all sorrows and pain go away.)

Wah-hey Guroo	(Wow, God is great)
Wah-hey Guroo	(Wow, God is great)
Wah-hey Guroo	(Wow, God is great)
Wah-hey Jeeo	(Wow, God is great (soul))

**Guroo Guroo Wah-hey Guroo
 Guroo Ram Das Guroo** (This chant is in praise of the
 consciousness of Guru Ram Das)

**May the long time sun shine upon you
 All love surround you
 And the pure light within you
 Guide your way on
 Guide your way on**